

# STANDING TALL



## WEEKLY SCHEDULE OF CLASSES

DAY	TIME	ADDRESS	CONTACT	BUS ROUTES
<b>Tues</b>	<b>10:00-11:30</b> <b>11:00-12:30</b>	Hangleton Community Centre, Harmsworth Crescent, Hove, BN3 8BW	Ruth 07399 993426 Ruth 07399 993426 Ruth 07399 993426	5, 5A, 5B, Hardwick Rd Stop
<b>Weds</b>	<b>10:30-12:00</b>	The Hop 50+, Palmeira Square, Hove, BN3 2FL	Ruth 07399 993426	1, 1A, 2, 5, 5A, 5B, 6, 46, 49
	<b>10:00-11:00</b> <b>11:15-12:15</b>	Our Lady of Lourdes Church, 1 Steyning Road, Rottingdean, BN2 7GA	Julie 07736 122941 Julie 07736 122941	
	<b>13:00-14.30</b>	South Portslade Community Centre, Church Road, Portslade, BN41 1LB	Ruth 07399 993426	1, 1A
<b>Thur</b>	<b>10:00-11:00</b> <b>11:15-12:15</b>	Crowhurst Community Hall, Knoyle Road, Brighton, BN1 6RB	Julie 07736 122941 Julie 07736 122941	
	<b>13:30-15:00</b>	St. Richards Community Centre, Egmont Road, Hove, BN3 7FP	Ruth 07399 993426	16A, 47
<b>Fri</b>	<b>10:30-11:30</b> (Advanced)	Leach Court, Park Street, Brighton, BN2 0AQ	Julie 07736 122941	
	<b>12:00-13:00</b> (Beginners)	Patching Lodge, Park Street, Brighton, BN2 0AQ	Julie 07736 122941	
	<b>13:30-14:30</b> (Intermediate)		Julie 07736 122941	



We are delighted that Standing Tall classes are subsidised by Brighton and Hove City Council.

All classes cost £5/class.

Please call for a friendly chat and to check availability.